



LEAVE  
NO ONE  
BEHIND

ISIZULU



SIMEMO SOKWENZA UMHLABA ONGCONO

**NELSON  
MANDELA** SENZELA ABANTU  
SENZELA UMHLABA

Leli qoqo lezingcaphuno ezivela  
kuNelson Mandela Foundation  
liyisikhumbuzo somthelela umuntu  
oyedwa angaba nawo emhlabeni. Le  
ncwajana ehlanganiswe iZizwe  
Ezihlangane eNingizimu Afrika  
ngokubambisana neNelson Mandela  
Foundation, ihlonipha umsebenzi  
weqhawe </180>elagquqquzelu  
izizukulwane zabantu ukuba zilwele  
<312>ubulungisa, ukulingana kanye  
nomhlaba osimeme. Kula makhasi,  
amazwi kaMadiba avumelana  
Nemigomo Yokuthuthukiswa  
Okusimeme, anikeza ukuqonda,  
ugqozi, futhi akhuthaze ngamunye  
kithi ukuba enze umehluko  
emiphakathini yethu nakwamanye  
amazwe.



Kwesembozo: ©Nelson Mandela Foundation/Matthew Willman

Ngaphakathi kwesembozo: Isithombe esivela e-UN Food Garden  
©UN Photo/Rick Bajornas

## **OKUQUKETHWE**

### **Amazwi okubonga**

Uhlelo olukhethekile olukhumbula umsebenzi kaNelson Mandela futhi lubungaze unyaka we-10 eshonile.

**4**

### **ISANDULELO**

Umyalezo ovela eNelson Mandela Foundation nakuMqondisi We-UN eNingizimu Afrika.

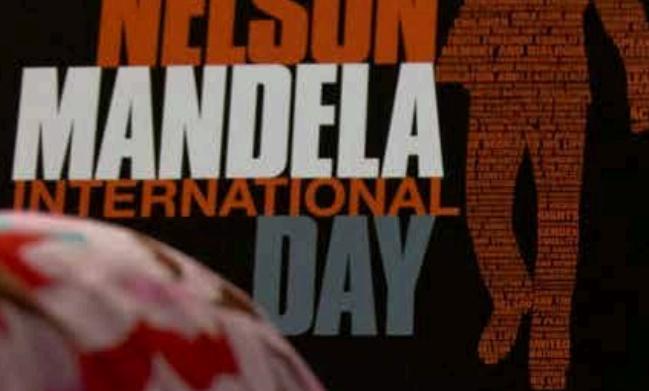
**5**

### **Izingcaphuno zikaNelson Mandela kanye Nemigomo Yokuthuthukiswa**

#### **Okusimeme**

UNelson Mandela wagqugquzela izizukulwane zabantu ukuba zilwele ubulungisa, ukulingana kanye nomhlaba osimeme. Kula makhasi, amazwi kaNelson Mandela avumelana Nemigomo Yokuthuthukiswa Okusimeme, anikeza ukuqonda, ugqozi, futhi akhuthaze ngamunye kithi ukuba enze umehluko emiphakathini yethu nakwamanye amazwe.

**6**



TAKE ACTION! INSPIRE CHANGE!

Uhlelo olukhethekile olukhumbula  
umsebenzi kaNelson Mandela futhi  
lubungaze unyaka we-10 eshonile.

RAGE WAS NOT THE ABSENCE OF FEAR,  
IT IS IMPH OVER IT". N MANDELA

CONTINUATION

“

IHHovisi leZizwe Ezihlangene eGeneva lenza umcimbi  
wokubungaza uSuku Lomhlaba lukaNelson Mandela.  
Ababambiqhaza babbala imiyalezo phakathi nomcimbi.  
©UN Photo/Jean Marc Ferré

Ilungelo lokuba umuntu lithathwa nsuku zonke ezigidini zabantu **ngenxa yobumpofu, ukungatholakali kwezinto eziyisisekelo** njengokudla, imisebenzi, amanzi nendawo yokuhlala, imfundo, ukunakekelwa kwempilo kanye nendawo enempilo.

Nelson Mandela

# ISANDULELO

## Bozakwethu Abathandekayo, Bangane Kanye Nani Benzi Boshintsho Abathandekayo,

Le ncwajana ihlonipha uNelson Rolihlahla Mandela, owayengu Mongameli waseNingizimu Afrika, owaziwa kangcono ngelithi Madiba, ngomsebenzi Ifa lakhe elihlala njalo kanye nokulwela kwakhe inkululeko nenhlalakahle yabantu. Ihloselwe ukubonisa ukufana phakathi kwezinkulomo zakhe ezingenakulibaleka ezisikhuthaza ukuba sithathe isinyathelo kanye Nesihloko Sika-2030 Sokuthuthukiswa Okusimeme esihambisana Nemigomo Yokuthuthukiswa Okusimeme (SDGs) eyamukelwa yiZizwe Ezihlangene ngo-2015. Le ncwajana ilwela ukwenza izinkulomo zakhe ziphile (azisho ngaphambi, phakathi nangemva kweminyaka engama-27 esejele) ngoziqhathanisa nama-SDGs ahlobene njengoba sifika maphakathi nohambo lwethu esisilelayo kulo lwemigomo yabantu nomhlaba.



UNelson Muffuh,  
uMqondisi WeZizwe  
Ezihlangene  
eNingizimu Afrika

UMadiba wayengumuntu wokuqala ukunikezwa usuku lokumhlonipha yi-United Nations General Assembly lapho inquma ukuthi umhla ka-18 July (usuku lwakhe lokuzalwa) lube uSuku Lomhlaba lukaNelson Mandela. Njengoba kwachazwa ngokufanele yiZizwe Ezihlangene, ukubungaza usuku lokuzalwa kukaNelson Mandela "kuyisikhathi sokuba sonke sivuselele izinkolelo ezagqugquzelwa uNelson Mandela. Ukuzimisela ngokuphelele. Ukuzibophezela ngokuqinile ebulungiseni, amalungelo abantu kanye nenkululeko eyisisekelo.

Ukukholelwa ngokujulile ekulinganeni nasekuhlonishweni kwawo wonke umuntu wesifazane nowesilisa. Ukuxoxa njalo nokuba nobumbano phakathi kwabantu abahlukahlukene." Isihloko sangonyaka odlule kanye nalo nyaka sokubungazwa koSuku LukaMandela esithi, "Isimo Sezulu, Ukudla Kanye Nobumbano," siqokomisa izinselele ezinkulu zokushintsha kwesimo sezulu, ubumpofu kanye nokungalingani.

Ngokubambisana neNelson Mandela Foundation, i-UN ihlose ukufaka isandla ngendlela engashiyi muntu ngemuva kuLanganise ukuncishiswa kobumpofu, ukuncishiswa kokungalingani, ukudalwa kwamathuba omsebenzi kanye nokuhweba, ubuholi obuphumelelayo, ukukhiqizwa nokusetshenziswa kwemikhiqizo ngendlela esimeme, ukuzivumelanisa noshintsho lwsimo sezulu kanye nokunciphisa imbangela, ukunakekelwa kwemfucuza, ukushintsha umthombo wamandla ngendlela ezuzisayo kanye nokushintsha amasistimu okudla.



UVerne Harris,  
Obambele Umphathi  
Omkhulu i-Nelson  
Mandela Foundation

Njengoba sicabanga ngamazwi nezenzo zikaNelson Mandela ngaphambi, phakathi nangemva kweNgququthela Ye-2030 SDG (18-19 Septhemba phakathi ne-UN General Assembly eNew York), masikhumbule amandla sonke esinawo okwenza umehluko, njengoba ashokufanele, "kusezandleni zakho". Ngokulingisa isibonelo sikaMadiba nangokuvumelanisa imizamo yethu neye-SDG, singakwazi ukwakha umhlaba osimeme, onobulungisa, olinganayo nobandakanya wonke umuntu. Masihloniphe umsebenzi kaNelson Mandela ngokusebenzia amazwi akhe futhi silwele ukwakhela wonke umuntu ikusasa eliqhakazile.

# UQEDA UBUMPOFU NGAZO ZONKE IZINHLOBO YONKE INDAWO

1 NO  
POVERTY



“

Njengoba kunjalo ngobugqila nobandlululo,  
ubumpofu abuyona into engokwemvelo.  
Benziwe umuntu futhi bunganqotshwa [...]  
**ukunqoba ubandlululo** akusona isenzo somusa.  
Kuyisenzo **sobulungisa**.

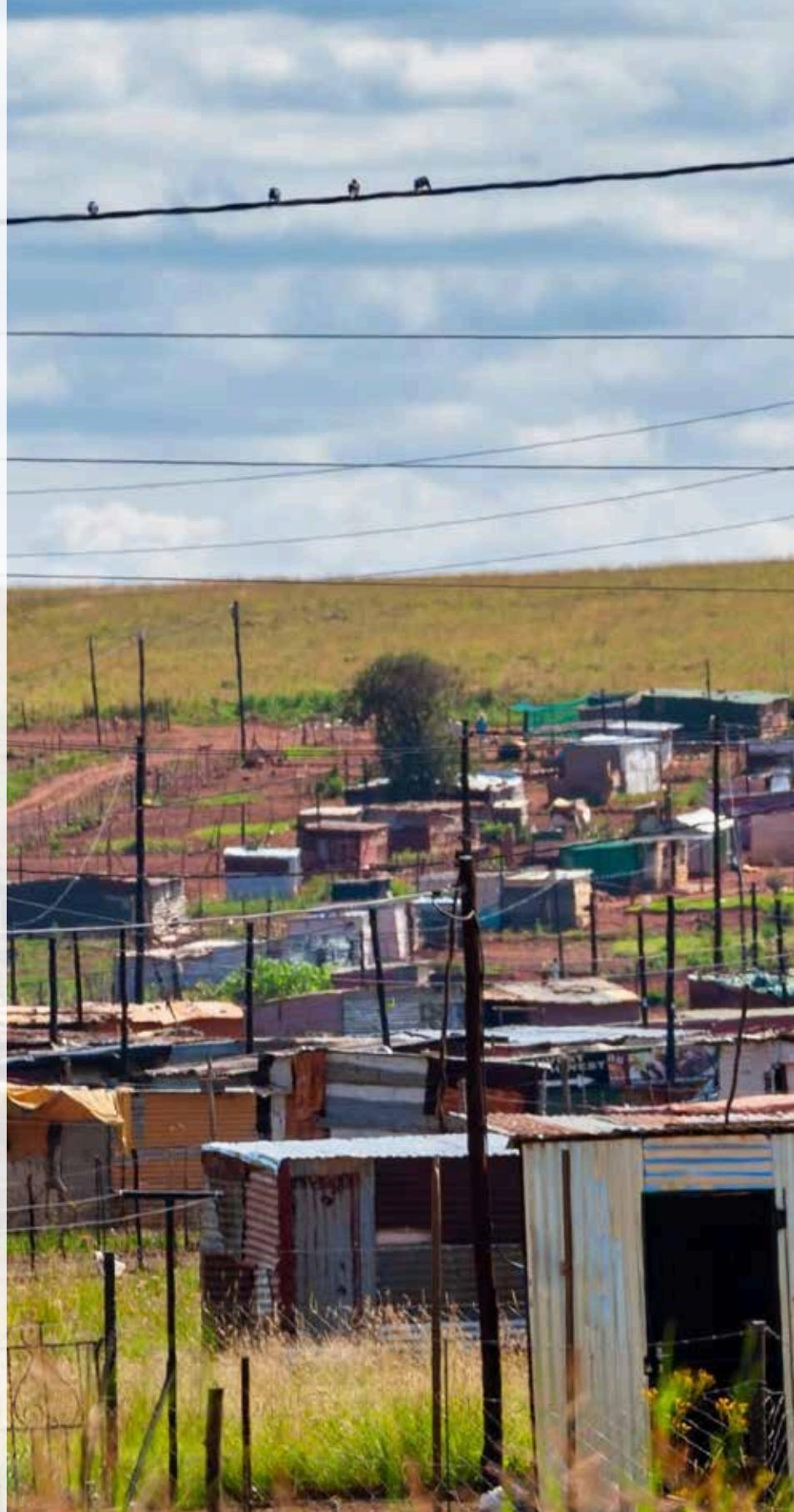
Nelson Mandela



# INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- **Nikela ngezinto ongazisebenzisi.**  
Izinhlango zasendaweni ezisiza abampofu zizodlulisela izingubo zakho, izincwadi kanye nefenisha engagugile kakhulu kwabanye abantu.
- **Thola inhlango esiza abampofu ofuna ukuyisiza.** Noma yimiphi iminikelo, emikhulu nemincane, ingawenza umehluko.
- **Ubumpofu busaphikelela kuwo wonke amazwe.** Abantu abangaphezu kuka-8% emhlabeni baphila ngaphansi kobumpofu obukhulu. Lekelela ngezwi lakho ukuze ulwe nobumpofu obukhulu.
- **Sekela amabhizinisi kanye nosomabhizinisi basendaweni.**  
Ngokukhetha ukuthenga emabhizinisini asendaweni ungalekelela ekufukulweni komnotho nasekuncishisweni kobumpofu.

Imikhukhu okuhlala kuyo abampofu eNingizimu Afrika.  
©Lucian Coman



**UKUQEDA INDLALA,  
UKUBA NOKUDLA  
OKWANELE KANYE  
NOKWANDISA  
UKUDLA  
OKUNOMSOCO  
KANYE NEZOLIMO  
UMLIMI NOMFUYI**



“

**Inkululeko ayisho lutho uma abantu  
bengakwazi ukwanelisa ithumbu**

**Nelson Mandela**



# INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- **Zama ukutshala okunye kokudla kwakho noma ube nengadi ekhaya lakho, esikoleni noma emphakathi.**
- **Ungashi ukudla. Faka izithelo nemifino kanye nokudla okusele esiqandisini.**
- **Nikeza abantu abaswele kanye nabasebunzimeni ukudla okusele ukudlekayo.**
- **Yidla ukudla okuqukethe zonke izakhamzimba. Imboni ekhiqiza inyama inomthelela omkhulu emvelweni.**
- **Thenga ukudla okukhiqizwa endaweni nokuvunwe kuleso sikhathi sonyaka.**



# QINISEKISA UKUPHILA OKUNEMPILO FUTHI UGQUUGQUZELE INHLALAKAHLE KUBO BONKE UBUDALA

3 GOOD HEALTH  
AND WELL-BEING



2 ZERO  
HUNGER



8 DECENT WORK  
ECONOMIC GROWTH



“

Bengilokhu ngikholelwa ukuthi **ukuzivocavoca**  
**kusemqoka hhayi nje** empilweni yomzimba  
kodwa **nasekuthulen**i kwengqondo.

Nelson Mandela



## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- **Yidla izithelo nemifino futhi uzivocavoce njalo ukuze uhlale.**
- **Goma kanye nezingane zakho. Ukuvikela umndeni wakho ezifweni kuphinde kusize impilo yomphakathi.**
- **Nikela ngegazi lakho ukuze usindise ukuphila.**
- **Zifake ohlwini lwabantu abanikela ngamalungu omzimba kanye nezicubu ezweni lakini.**
- **Zivocavoce njalo! Zama ukuzivocavoca noma ubandakanyeke kwezemidlalo njalo.**
- **Thola inhlangano esiza abampofu ofuna ukuyisiza. Okuncane okwenzayo kwenza umehluko.**

PARTNERSHIPS  
FOR THE GOALS

Ukusiza Imiphakathi: Abafundi baKwadukathole Comprehensive School eLokishi laseKatlehong, eJohannesburg, basekela i-SDG 3 ngoSuku Lomhlaba Lwababaleki bebonisa ubunye nekhono eFreedom Park, eNingizimu Afrika.  
©UN South Africa/Ropafadzo Chiradza

# **QINISEKISA IMFUNDO EBANDAKANYA WONKE UMUNTU NELINGANAYO FUTH UGQUGQUZELE AMATHUBA OKUFUNDA KOKUPHILA KONKE KUBO BONKE**



“

**Imfundo iyinjini enkulu yokuzithuthukisa komuntu.**  
Imfundo eyenza indodakazi yomlimi ibe udkotela,  
eyenza indodana yomuntu osebenza emayini ibe  
umphathi wemayini, eyenza ingane yesisebenzi  
sasepulazini ibe umongameli wezwe elikhulu. Into  
eyenza umuntu ahluke kwabanye akuyona into  
ayinikiwe kodwa yindlela asebenzisa ngayo lokho  
akunikiwe.

**Nelson Mandela**





## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- **Qeqesha intsha. Ungaqequesha intsha futhi uyisize ngomsebenzi wesikole owenziwa ekhaya, uyifundise ulimi noma uyifundise Ngemigomo Yomhlaba.**
- **Vakashela isikole sasendaweni futhi ubuze ukuthi yiziphi izinto ezidingwa yisikole. Qala umkhankaso wokuxhasa isikole ngezinto ezsidingayo emphakathini wangakini.**
- **Uma unezimali, xhasa imfundo yengane.**
- **Nikela ngezincwadi ezisetshenzisiwe. Indlela elula yokuhlinzeka ngemfundo ukupha othile izincwadi zakho ezisetshenzisiwe.**

Amantombazane asesikoleni saseYomelela Primary School eKhayelitsha, elokishi elikhulu elingakahlelwa kahle eCape Town eNingizimu Afrika.  
©UN Women/Karin Schermbrucker

# FINYELELA UKULINGANA NGOKOBULILI FUTHI USIZE BONKE ABESIFAZANE NAMANTOMBАЗANE

5 GENDER EQUALITY



“

Inkululeko ngeke ifinyeletwe  
ngaphandle uma **abesifazane**  
**bekhululiwe kuzo zonke izinhlobo**  
**zokucindezelwa.**

Nelson Mandela





## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Qaphela imibono eyiphutha ngabantu bobulili obuhlukile. Yibone, uyigweme futhi ufundise abanye ngayo.
- Thola abaqeqeshi/abaholi abangabesifazane. Qinisekisa ukuthi abanye babantu abayisibonelo sakho noma abakuqeleshayo ngabesifazane.
- Qeda zonke izinhlobo zokubandlululwa kwabantu besifazane kanye namantombazane ngokuphatha bonke abantu ngokulinganayo kungakhathaliseki ubulili babo.
- Melana nokuhlukunyezwa kwabantu. Noma nini lapho ubona othile ehlukunyezwa, kungaba semsebenzini, emgwaqeni, ekhaya noma ku-inthanethi, khuluma ngokumelene nakho.

ENingizimu Afrika abagcini bokuthula abangabesifazane babandakanyeka ekuqoqeni imininingwane ebalulekile nasekugcineni indawo iphephile lapho benza umsebenzi wokuqala eDemocratic Republic of the Congo, okufaka isandla Ekugcineni Kokuthula Kwe-UN nokuthuthukisa i-SDG 5: Ukulingana Ngokobulili. ©UN Photo/Michael Ali

# **QINISEKISA UKUTHOLAKALA NOKUNAKEKELWA NGENDLELA ESIMEME KWAMANZI NOKUTHUTHWA KWENDLE KUBO BONKE**

**6**

CLEAN WATER  
AND SANITATION



“

Kuzo wonke umhlaba, amanzi abhekwa  
**njengayigugu njengakho ukuphila.**

Nelson Mandela



# INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Qongelela amanzi emvula ngethange amanzi.
- Bandakanya wonke umphakathi wangakini ukuba uhlanzo umfula wasendaweni, ugu lolwandle noma ulwandle.
- Qwashisa ngezinkinga zenhlanze ko emphakathini wangakini usebenzisa izinkundla zokuxhumana noma ukhulume ngokoqobo.
- Ungawasebenzisi ngokweqile amanzi.
- Qinisekisa ukuthi uwuvala kahle umpompi lapho ugeza izitsha, futhi usebenzise ishawa emfushane.
- Ukugeza endishini kudinga amanzi amanangi kuneshawa yemizuzu emi-5 kuya kweyi-10.
- Vikela imithombo yamanzi ngokunciphisa ukugcola kanye nokulahlwa kwemfucuza.

UNelson Muffuh, uMqondisi we-UN eNingizimu Afrika, esiteshini se-UNICEF sokugeza izandla phakathi nokuvakasha kwe-UN esibhedlala saseKanana eHammanskraal, eNingizimu Afrika, phakathi nokubheduka kwe-cholera.

©UN South Africa/Ropafadzo Chiradza



# QINISEKISA UKUFINYELELEKA KUKAGESI ONGABIZI, ONGATHENJWA, OSIMEME KANYE NOWAMANJE KUBO BONKE

7

AFFORDABLE AND  
CLEAN ENERGY



“

Nakuba umhlaba uye wathuthuka ekhulwini  
lamashumi amabili eminyaka, ukuphila kwabantu  
abaningi kusakhungethwe **ubumpofu, udlame,**  
**indlala, izifo kanye nokonakaliswa kwemvelo.**

Nelson Mandela



## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Cisha amalambu lapho ungawasebenzisi – wonge ugesi.
- Thenga izinto ongakwazi ukuzishaja kabusha. Ungathengi noma usebenzise amabhetri assetshenziswa kanye.
- Sebenzisa imithombo yamanje ye-solar. Faka amaphaneli e-solar ekhaya lakho ukuze ufudumeze noma ukhanyise.



I-wind-solar hybrid mini-grid emphakathini wase-Upper Blinkwater (Eastern Cape) eyasungulwa yi-UNDP ngohlelo Iwe-South African Wind Energy Programme.

©UNDP South Africa

**THUTHUKISA UKUKHULA  
KOMNOTHO,  
OKUBANDAKANYO  
NOKUSIMEME,  
UKUQASHWA KWABANTU  
OKUPHELELE KANYE  
NOMSEBENZI  
OHLONIPHEKILE  
WABO BONKE**

**8 DECENT WORK AND  
ECONOMIC GROWTH**



“

**Kusezandleni zakho ukuba wakhe umhlaba  
ogcono wabo bonke abahlala kuwo.**

**Nelson Mandela**

## **INDLELA ONGADLALA NGAYO INDIMA YAKHO:**

- **Yazi amalungelo akho emsebenzini.**  
Ukuze ufinyelele ubulungisa, ukwazi lokho okufanele ukuthole kuzohamba ibanga elide.
- **Thenga okukhiqizwe endaweni.**  
Sekela ukukhula kweminotho yasendaweni ngokukhetha ukuthenga kubakhiqizi nasemabhizinisini asendaweni.
- **Hlela uhlelo lokuqequesha abanye.**  
Mema abantu abanesipiliyoni emikhakheni ethile ukuba basungule iqembu lokuqequesha elizosiza abantu abasebasha ukuba balungiselele imisebenzi abazoyenza kusasa.



# **YAKHA INQALASIZINDA EQINILE, UTHUTHUKISE UKWAKHIWA KWEZIMBONI FUTHI YAKHE OKUSHA**

**9** INDUSTRY, INNOVATION  
AND INFRASTRUCTURE



“

**Kudingeka sisize ekwakheni ingqalasizinda  
ukuze i-Afrika ikwazi ukusebenzisa amathuba  
futhi inikwe ithuba elifanele lokuncintisana  
emnothweni womhlaba**

**Nelson Mandela**



## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Tshala izimali engqalasizindeni ehlanzekile nesimeme. Ukuphela kwendlela yokugcina izisebenzi ziphephile ukuvikela imvelo.
- Hlela futhi ubambe iqhaza emncintiswaneni we-Think Tank. Ungagquqquzelu uthando Iwakho nolozakwenu lokuhweba ngokuhlela umncintiswano wamasu kanye nokumema izinkampani noma amabhizinisi asafufusa ukuze kuqeleshwe abaphumelele.
- Sungula imephu ye-hotspot. Kukhona izindawo zomphakathi ezihlukahlukene ezine-Wi-Fi yamahhala. Ngokwenza imephu yazo endaweni yangakini kanye nokusabalalisa ulwazi ngenkundla yokuxhumana, amapheshaya noma izaziso ungasiza abantu abantu abengeziwe bangene ku-inthanethi futhi kuvalwe igebe lobuchwepheshi.

# NCIPHISA UKUNGALINGANI EMAZWENI OMHLABA



“

Uma nje **ubumpofu**, ukungabi  
**nabulungisa**, kanye **nokungalingani**  
**okukhulu** kusaqhubeka emhlabeni  
wethu, akekho kithi ongaphumula.

Nelson Mandela





## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Vakashela izindawo zokukhoselisa, izindawo okuhlala kuzo izintandane noma izikhungo ezincane zomphakathi futhi uhlele indawo yokubamba izingxoxo ukuze nidingide ngokubaluleka kwala malungelo noma uvolontiye lapho njalo.
- Khetha izinkampani ezibandakanya wonke umuntu. Hlola izinhlu zezinkampani ezibandakanya abambalwa ngokuqasha noma ngemikhiqizo yazo.
- Sekela abafuduki nababaleki emiphakathini yakho. Volontiya ekamu lasendaweni lababaleki. Qoqa noma unikele ngemishini, ukudla nezigubo zokugqoka ezidingekayo.

Izingane zibona ngale kohlanga nobulili.  
©UN Photo

**YENZA AMADOLOBHA  
NEZINDAWO OKUHLALA  
KUZO ABANTU  
ZIBANDAKANYE WONKE  
UMUNTU, ZIPHEPHE,  
ZIQINE FUTHI  
ZISIMAME**

“

**Ukukhathalela abanye ekuphileni kwethu  
ngabanye noma njengemiphakathi  
kuzohamba ibanga elide ekwenzeni  
umhlaba ube yindawo engcono  
esiphupha ngayo.**

**Nelson Mandela**

**11 SUSTAINABLE CITIES  
AND COMMUNITIES**





## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Thenga, udle futhi uphuze endaweni. Sekela amabhizinisi asendaweni agcina abantu benemisebenzi futhi ajikelezisa imani emphakathini wangakini.
- Sebenzisa ilungelo lakho lokukhetha abaholi emphakathini wasendaweni. Zinakekele izindawo zomphakathi.
- Qala ngawe bese ugqugquzela nabanye ukuba bafake isandla ekuphuculeni izindawo zomphakathi – nisela utshani, ubugunde, utshale izihlahla, ulungise izindawo zemidlalo kanye nezokudlala, uhlele ukuhlanzwa kwendawo.

Ukusiza Imiphakathi:

Indawo enhle ebonisa ukwakhiwa kwedolobha elibandakanya wonke umuntu, eliphephile, eliqinile nelisememe elizungeze i- Unions Buildings ePretoria, eNingizimu Afrika.

©UN South Africa Photo/Nombulelo Malinga

Ngezansi:

I-UN INingizimu Afrika ivakashela iLokishi laseMamelodi ePretoria ukuze ihlole umonakalo emphakathi futhi inikeze usizo emiphakathini ethintwe yizikhukhula.

©UN South Africa Photo/Eunice Namugwe

# QINISEKISA UKUKHIQIZWA NOKUSETSHENZISWA KWEMIKHIQIZO NGENDLELA ESIMEME

12 RESPONSIBLE CONSUMPTION AND PRODUCTION



“

Ikusasa elisimeme labantu **lincike kakhulu**  
ekuphatheni kahle imvelo **kunanoma yini enye**.

Nelson Mandela



## **INDLELA ONGADLALA NGAYO INDIMA YAKHO:**

- Khetha imikhiqizo esebenziseka kaningi. Sebenzisa izikhwama ze-eco lapho uyothenga, amabholdele amanzi asebenziseka kaningi noma inkomishi ukuze unciphise imfucuza yepulastiki.
- Qaphela isikhwama okufakwa kuso izinto – kungcono sibe sincane!
- Yenza ucwaningo futhi uthenge ezinkampanini owaziyo ukuthi zinezinqubo zokusimama futhi aziyilimazi imvelo.
- Thenga izinto ezike zasetshenziswa noma nini lapho ukwazi.



Ukulima okusimeme ngezinga elincane.  
©UN Photo

**THATHA  
ISINYATHELO  
NGOKUSHESHA  
UKUZE ULWE  
NOKUSHINTSHA  
KWESIMO SEZULU  
NOMTHELELA WAKO**



“

Masibambane **ukuze senze umhlaba**  
**wethu ube umthombo ofanele**  
**wekusasa elisimeme njengesintu**  
**esikulo mhlaba.**

**Nelson Mandela**





## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Sebenzisa ngokuphindaphindiwe amaphepha, ingilazi, izinsimbi kanye nemishini emidala.
- Thenga imikhiqizo engayilimazi imvelo. Funda okubhalwe kumaphakheji ukuze ubone ukuthi imikhiqizo ikhiqizwe ngendlela engayilimazi imvelo yini.
- Hamba ngebhayisikili, ngezinyawo noma uhambe ngento yokuthutha yomphakathi. Sebenzisa imoto lapho nihamba niyiqembu elikhulu.
- Sebenzisa imoto lapho nihamba niyiqembu elikhulu. Nciphisa umoya ongcolile. Ungabala umthelela wakho ekungcoliseni umoya futhi uthenge amakhredithi esimo sezulu ku Climate Neutral Manje.

Isisebenzi sephrojekthi ye-NFI sihlola ihlathi futhi siqoqa izintuthwane ukuze kuliwe nokushintsha kwesimo sezulu.  
©UN-REDD

# LONDOLLOZA FUTHI USEBENZISE NGENDLELA ESIMEME IZILWANDLE KANYE NEZINTO EZITHOLAKALA OLWANDLE UKUZE KUBE NOKUTHUTHUKISWA OKUSIMEME

“

**Ingcebo yezilwandle** iyingxene yamagugu esintu [...] uma lingekho igunya eliqondisayo noma imithetho elandelwayo, sizobhekana nezingozi ezinkulu ezilwandle ngenxa yezenzo ezifana nokulahlwa kwemfucuza enobuthi, kanye nokudoba ngokweqile noma ubugebengu bokuthumela izinto kwamanye amazwe njengokushushumbiswa kwezidakamizwa.

**Imizamo yokwakha uhlelo Iwezomthetho olungalandelwa ezilwandle kumelwe ingahluleki.**

Nelson Mandela





## INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- Nciphisa imfucuza – imfucuza eningi esiyikhiqizayo emhlabeni iphelela ezilwandle.
- Yeka ukusebenzisa izikhwama zeplastiki: Ukusebenzisa nokulahla ngendlela engafanele uplastiki kuyimbangela enkulu yokungcoliswa kwezilwandle.
- Bandakanya wonke umphakathi wangakini ukuba uhlazze umfula wasendaweni, ugu lolwandle noma ulwandle.

Imfucuza kaplastiki etholakalla olwandle ingcolisa amanzi.  
©UNEP

**VIKELA UBUYISELE FUTHI  
UGQUGQUZELE UKUSETSHENZISWA  
NGENDLELA ESIMEME KWEZINTO  
EZIMILAYO, UKULAWULWA  
KWAMAHLATHI NGENDLELA  
ESIMEME, UKULWA KUKUNCIPHA  
KWENDAWO ENEZITSHALO,  
KANYE NOKUHLEHLISA  
UKONAKALA KOMHLABA NEMVELO**

“

**Izihlahla namahlathi ashabalalisw ngoba abantu  
bethu bebencike kuwo njengomthombo  
wamandla.** Ngenxa yalokho, abantu namuhla  
bayagodola futhi bafuna ugesi ukuze bapheke,  
bahlanze indlu nokuze banethezeke ngoba izihlahla  
namahlathi kwashabalalisa.

**Nelson Mandela**



# INDLELA ONGADLALA NGAYO INDIMA YAKHO:

- **Ungazisebenzisi izibulala-zinambuzane.**  
Ukuze uvikele ikhwalithi yenhlabathi,  
ungasebenzisi amakhemikhali lapho  
utshala.
- **Ukwenza umanyolo ngokudla okubolile**  
**kunganciphisa umthelela esimweni**  
**sezulu futhi kusize inhlabathi imunce**  
**umsoco.**
- **Ungayisebenzisi imikhiqizo evivinywa**  
**ezilwaneni.**
- **Hlela umcimbi wakho noma ujoyine**  
**okhona kakade wokuhlanza ukuze**  
**kulondolozwe impilo yemvelo endaweni**  
**yangakini.**



**KHUTHAZA IMIPHAKATHI  
ENOKUTHULA NEBANDAKANYA  
BONKE ABANTU FUTHI  
UHLINZEKE NGOBULUNGISA  
KUBO BONKE FUTHI WAKHE  
IZIKHUNGO EZISEBENZA KAHLE  
EZIBANDAKANYA BONKE ABANTU  
KUZO ZONKE IZIGABA**

**16** PEACE, JUSTICE  
AND STRONG  
INSTITUTIONS



“

Ukuthula **akusho nje ukungabi khona**  
**kwengxabano; ukuthula kusho ukwakha** indawo  
wonke umuntu angachuma kuyo,  
kungakhathaliseki uhlanga, umbala, izinkolelo,  
inkolo, ubulili, isigaba, izinga, noma ezinye  
izimpawu zokuhluka kwabantu emphakathini.

**Nelson Mandela**



## **INDLELA ONGADLALA NGAYO INDIMA YAKHO:**

- **Vota! Sebenzisa ilungelo lakho lokukhetha abaholi ezweni lakini nasemphakathini wasendaweni.**
- **Yazi amalungelo akho emsebenzini. Ukuze ufinyelele ubulungisa, ukwazi lokho okufanele ukuthole kuzohamba ibanga elide.**
- **Khuluma! Cela iziphathimandla zasemphakathini noma zikazwelonke ukuba zizibandakanye emikhankasweni engabalimazi abantu noma umhlaba.**



UMongameli Nelson Mandela owayesanda kukhethwa wethula inkulumo yakhe yokuqala kuvulanda wehholo ledolobha.  
©UN Photo/Chris Sattlberger

**QINISA IZINDLELA  
ZOKUSEBENZISA  
NOKUVUSELELA  
UKUBAMBISANA  
EMHLABENI UKUZE  
KUBE  
NOKUTHUTHUKISWA  
OKUSIMEME**



“

**Amaqhawe angabantu abenza  
ukuthula futhi bakhe**

**Nelson Mandela**

# **INDLELA ONGADLALA NGAYO INDIMA YAKHO:**

- Tshala izimali emabhizinisini asaqala, amancane kanye naphakathi nendawo, kanye nezinhlangano ezilwela ukunamathela emithethweni ephezulu yezomnotho, inhlalo kanye nobuholi (ESG).
- Sekela ukuthunyelwa kwempahla ngokuthenga imikhiqizo evela emazweni asafufusa. Naka ilebula elithi Fair-Trade emikhiqizweni ukuze likusize ubone imikhiqizo evela kubakhiqizi basendaweni emazweni asafufusa.
- Sekela izinhlangano noma amaphrojekthi alwela ukubambisana emhlabeni, njengalawo agquqquzelu ukusebenzisana kwamazwe ahlukile, ukwabelana ngolwazi noma ukuthuthukisa ukudluliselwa ● kobuchwepheshe.

**Khankasela ukuba amazwe asafufusa athole ubuchwepheshe obanele, izisebenzi, utshalamali, ukwesekwa ngokwezimali ngezinjongo zokungelela ukuze kube nokuthuthukiswa ● okusimeme.**

**Sebenza noma uvontiye kuma-NGO asebenzela ukufinyelela Imigomo Yomhlaba. Ungafaka isandla ngamaphrojekthi amaningi ukuze kufinyelelwwe Imigomo ngo-2030.**





Isembozo sangemuva ngaphakathi: H.E Matamela Cyril Ramaphosa (kwesokunxele), uMongameli weRiphabulikhi yaseNingizimu Afrika, uhleka kanye no María Fernanda Espinosa Garcés (owesithathu uma usuka kwesokudla), uMongameli we-General Assembly yamashumi ayisikhombisa nantathu, Unobhala Jikelele u-António Guterres (owesibili uma usuka kwesokudla), kanye Neseckela Likanobhala Jikelele u-Amina Mohammed, ngemva kokuvulwa Komfanekiso kaNelson Mandela endlunkulu ye-UN eNew York. ©UN Photo

Isembozo esingemuva: UNelson Mandela, uMongameli waseRiphabulikhi yaseNingizimu Afrika ekhuluma ku-General Assembly yamashumi amahlanu nantathu. ©UN Photo/Greg Kinch



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**Ungabuki eceleni; ungangabazi.  
Qaphela ukuthi umhlaba ufunza izenzo, hhayi amazwi.  
Thatha isinyathelo ngesibindi futhi ube nombono.**

**Nelson Mandela**

